

## THE TEN COMMANDMENTS WITHIN THE שְׁמַע

In the prayer book **אוֹצֵר הַתְּפִלוֹת** - “The Treasury of Prayers”, is this teaching from Rabbi Chanoch Zundel son of Rabbi Yosef, from *his* prayer book **עֵנֶף יוֹסֵף** - “The Branch of Joseph”:

<p style="text-align: center;"><b>In the passage IN THE שְׁמַע-Sh'ma...</b></p>	<p style="text-align: center;"><b>...hold the intent in mind and heart of accepting upon yourself this מִצְוָה-Meetzva-Divine Directive from the TEN COMMANDMENTS...</b></p>	<p style="text-align: center;"><b>...which is in this position among the Ten</b></p>
<p>In the first verse,  <b>שְׁמַע יִשְׂרָאֵל ד' אֱלֹהֵינוּ -</b>                      Listen, Israel, <b>the Eternal Master of All is our G-d</b></p>	<p style="text-align: center;"><b>אֲנֹכִי ד' אֱלֹהֶיךָ ...</b>                      I, the Eternal Being, Master of All, am                      your G-d...                      (I am the Lord your G-d.)</p>	<p style="text-align: center;">First</p>
<p>In the first verse,  <b>ד' אֶחָד - the Eternal Master of All is One</b></p>	<p style="text-align: center;"><b>לֹא יִהְיֶה לְךָ אֱלֹהִים אֲחֵרִים עַל פְּנֵי -</b>                      You should not have other gods over                      My face [i.e. See Me in everyone &amp;                      everything.]                      (Thou shalt have no other gods before Me.)                      Rabbi Chanoch Zundel clarifies: Trust is not                      to be placed in any angel nor in fate, nor are                      we to depend upon anything other than the  <u>One</u> Eternal Being to benefit us.</p>	<p style="text-align: center;">Second</p>
<p>At the beginning of the first                      paragraph,  <b>וְאַהַבְתָּ אֵת ד' אֱלֹהֶיךָ ...</b>                      And you will love the Eternal                      Master of All, your G-d...</p>	<p style="text-align: center;"><b>לֹא תִשָּׂא אֶת שֵׁם ד' אֱלֹהֶיךָ לְשׁוּא ...</b>                      You should not carry the Name of the                      Eternal Master of All for nothing [i.e.                      Bring glory to the Divine Name through                      virtuous living, for we carry our Heavenly                      Parent's Name.]                      (Thou shalt not take the Name of the Lord thy                      G-d in vain.) Rabbi Chanoch Zundel clarifies:                      For one who loves the king would not swear                      falsely in his name.</p>	<p style="text-align: center;">Third</p>

<p>In the passage IN THE שְׁמַע-Sh'ma...</p>	<p>...hold the intent in mind and heart of accepting upon yourself this מְצִוָה-Meetzva-Divine Directive from the TEN COMMANDMENTS...</p>	<p>...which is in this position among the Ten</p>
<p>At the end of the first paragraph, עַל מְזוֹת בֵּיתְךָ וּבְשַׁעְרֶיךָ... ...upon the doorposts of <b>your</b> <b>house</b> and of your gates Rabbi Chanoch Zundel points out that the verse specifically says <b>your</b> house, i.e. not your fellow's.</p>	<p>וְלֹא תַחְמֹד אִשְׁתִּי רֵעִי וְלֹא תִתְאָוֶה בֵּית רֵעִי... You should not lust for your friend's wife, nor should you desire your friend's house... (Thou shalt not covet thy neighbor's wife...)</p>	<p>Tenth</p>
<p>Near the beginning of the second paragraph, וְאַסְפֹּת דְגָנְךָ וְתִירְשֶׁךָ... And you will gather your grain and your wine...</p>	<p>וְלֹא תִגְנוֹב You should not steal Again, Rabbi Chanoch Zundel notes that the verse says <b>your</b> grain, etc., i.e. not your fellow's.</p>	<p>Eighth</p>
<p>Near the middle of the second paragraph, וְאַבְדֹתֶם מְהֵרָה... ...and you will perish quickly/quickly be lost ...</p>	<p>לֹא תִרְצַח You should not murder Rabbi Chanoch Zundel explains: One who murders brings the death penalty on themself.</p>	<p>Sixth</p>
<p>At the end of the second paragraph, לְמַעַן יִרְבוּ יְמֵיכֶם... - In order that your days may be multiplied...</p>	<p>כְּבֹד אֶת אָבִיךָ וְאֶת אִמְךָ Honor your father and your mother Rabbi Chanoch Zundel reminds us that the reward promised for honoring parents is length of days.</p>	<p>Fifth</p>
<p>In the middle of the third paragraph, וְלֹא תִתּוֹרוּ אַחֲרֵי לְבַבְכֶם וְאַחֲרֵי עֵינֵיכֶם... - ...and you will not go astray after your hearts and after your eyes...</p>	<p>וְלֹא תִנְאָף You should not commit adultery Rabbi Chanoch Zundel explains: The heart and eyes are two agents for wrong-doing--the eyes see and the heart lusts.</p>	<p>Seventh</p>

<p style="text-align: center;"><b>In the passage IN THE שְׁמַע-Sh'ma...</b></p>	<p style="text-align: center;"><b>...hold the intent in mind and heart of accepting upon yourself this מִצְוָה-Meetzva-Divine Directive from the TEN COMMANDMENTS...</b></p>	<p style="text-align: center;"><b>...which is in this position among the Ten</b></p>
<p>Near the end of the third paragraph,  לְמַעַן תִּזְכְּרוּ וַעֲשִׂיתֶם אֶת  כָּל מִצְוֹתַי וְהֵייתֶם  קְדוֹשִׁים לֵאלֹהֵיכֶם.  In order that you will remember and fulfill all of My directives, and will be holy to your G-d.</p>	<p style="text-align: center;">זְכוֹר אֶת יוֹם הַשַּׁבָּת לְקַדְּשׁוֹ...  Remember the day of Shabat to sanctify it...  Rabbi Chanoch Zundel quotes from the Jerusalem Talmud which states that Shabat is equivalent to all of the Torah's directives.</p>	<p style="text-align: center;">Fourth</p>
<p>At the end of the third paragraph,  - אֲנִי ד' אֱלֹהֵיכֶם -  I, the Eternal Being, Master of All, am your G-d.</p>	<p style="text-align: center;">וְלֹא תִעָנֶה בְּרֵעֲךָ עַד שָׂוֵא  And you should not testify against your friend as a false witness.  (Thou shalt not bear false witness against thy neighbor.)  Rabbi Chanoch Zundel again quotes the Jerusalem Talmud: The Sages state that the Holy, Blessed One says, "If you give a false testimony against your fellow, I account it to you as if you testify against Me that I did not create Heaven and Earth."</p>	<p style="text-align: center;">Ninth</p>