

MELTING STONE - לֵב בְּשָׂר - PAGE 1

Note: Out of respect for the sanctity of the holy Names of G-d, they are written and pronounced with a slight variation.

TRACK 1 M'-noo-ha V'-seem-ha - מְנוּחָה וְשִׂמְחָה

TRANSLATION	TRANSLITERATION	HEBREW LYRICS
Rest, happiness and light -- that is what the most wonderful day, the Shabbos, is for the Jews. Those who keep it and remember it testify that in six days, all was created and stood ready.	M'-noo-ha v'-seem-ha or ly-y'-hoo-deem, yom sha-ba-son, yom ma-ha-ma-deem, shom-rav v'-zoh-rav hay-ma m'-ee-deem, kee l'-shee-sha kol b'-roo-eem v'-om-deem.	מְנוּחָה וְשִׂמְחָה אֶזְכֵּר לַיהוּדִים, יוֹם שַׁבָּתוֹן יוֹם מַחְמַדִּים, שׁוֹמְרֵיו וְזוֹכְרֵיו הֵמָּה מְעִידִים, כִּי לְשֵׁשֶׁה כָּל בְּרוּאִים וְעוֹמְדִים.
The Heavens, the Earth and seas; the entire great and mighty host of Heaven -- the sun, moon and stars; serpents, man and wild oxen -- for with the Holy Divine Name, G-d created the higher and lower worlds.	Sh'-may sha-my-yeem e-retz v'-ya-meem, kol tz'-va ma-rom g'-vo-heem v'-ra-meem, ta-noon v'-a-dam v'-hy-yas r'-ay-meem, kee b'-Ka Ha-Shem tzoor o-la-meem.	שָׁמַי שָׁמַיִם אֶרֶץ וַיְמִים, כָּל צְבָא מְרוֹם גְבוּהִים וְרָמִים, תַּנִּין וְאָדָם וְחַיֵּת רְאֵמִים, כִּי בְּקֶה ד' צוּר עוֹלָמִים.

TRACK 1 M'-noo-ha V'-seem-ha - מְנוּחָה וְשִׂמְחָה - continued

TRANSLATION TRANSLITERATION HEBREW LYRICS

G-d is the One Who spoke to His treasured people, asking them to guard the sanctity of the Shabbos from the time of its entrance to the time of its departure. The holy Shabbos is G-d's favorite day, for on it, He ceased from creating the illusions of this world, which hide Him from us.

In the merit of observing the Shabbos, G-d will strenthen you. Arise, call to Him, (especially through the unique prayers of Shabbos,) and He will speedily (heed those prayers) and grant you vigor. Afterwards, eat your Shabbos meal in happiness, for he has already accepted your devotions.

Hoo a-sher dee-ber
I'-am s'-goo-la-so,
sha-mor I'-kad'-sho
mee-bo-o v'-ad
tzay-so, Sha-bas
ko-desh yom
hem-da-so, kee vo
sha-vas Kayl mee-kol
m'-lah-to.

B'-meetz-vas Sha-bas
Kayl ya-ha-lee-tzah,
koom k'-ra ay-lav
ya-heesh I'-am-tzah,
neesh-mas kol hy
v'-gam na-a-ree-tzah,
e-hol b'-seem-ha kee
k'-var ra-tzah.

הוא אֲשֶׁר דִּבֶּר לְעַם
סִגְלָתוֹ, שְׁמֹר
לְקַדְּשׁוֹ מִבְּאוֹ וְעַד
צִאתוֹ, שַׁבַּת קֹדֶשׁ
יוֹם חֲמֻדָּתוֹ, כִּי בּוֹ
שַׁבַּת קַל מִכָּל
מְלֶאכֶתוֹ.

בְּמִצּוֹת שַׁבַּת קַל
יִחְלִיצְךָ, קוּם קְרָא
אֱלֹהֶיךָ יַחֲיֶיךָ לְאַמְצֶךָ,
נְשַׁמֵּת כָּל חַי וְגַם
נִעְרִיצְךָ, אֲכֹל
בְּשִׂמְחָה כִּי כָּבֵד רָצְךָ.

MELTING STONE - לֵב בְּשָׂר - PAGE 3

TRACK 1 M'-noo-ha V'-seem-ha - מְנוּחָה וְשִׂמְחָה - continued

TRANSLATION	TRANSLITERATION	HEBREW LYRICS
<p>Enjoy the Shabbos meal in high spirits, your table laden with two challah-breads, the Kiddush wine, and tasty delicacies. Those who delight in the Shabbos will merit great goodness -- experiencing the redemption and the World to Come.</p>	<p>B'-meesh-neh le-hem v'-kee-doosh ra-ba, b'-rov mat-a-meem v'-roo-ah n'-dee-va, yeez-koo l'-rav toov ha-mees-an-geem ba, b'-vee-as go-ayl l'-hy-yay ha-o-lam ha-ba.</p>	<p>בְּמִשְׁנֵה לֶחֶם וְקִדּוּשׁ רָבָה, בְּרוּב מִטְעָמִים וְרוּחַ נְדִיבָה, יִזְכּוּ לָרֵב טוֹב הַמֵּתְעַנְּגִים בָּהּ, בְּבִיאַת גּוֹאֵל לְחַיֵּי הָעוֹלָם הַבָּא.</p> <p>One of the Meal-time Hymns for the Sabbath</p>

TRACK 2 A-dam Y'-so-do - אָדָם יְסוּדוֹ

TRANSLATION	TRANSLITERATION	HEBREW LYRICS
<p>Man's origin is from the dust and his end is in the dust; he earns his bread through the exertion of his soul. He is analagous to broken pottery, withered grass, a wilted plant, a passing shadow, a vanishing cloud, the blowing wind, floating dust, and to dreams, which fly away...</p>	<p>A-dam y'-so-do may-a-far v'-so-fo le-a-far; b'-naf-sho ya-vee lah-mo. Ma-shool k'-he-res ha-neesh-bar, k'-ha-tzeer ya-vaysh, oo-h'-tzeetz no-vayl, k'-tzayl o-vayr, oo-h'-a-nan ka-la, oo-h'-roo-ah no-sha-ves oo'-h'-a-vak po-ray-ah v'-ha-ha-lom ya-oof...</p>	<p>אָדָם יְסוּדוֹ מֵעָפָר וְסוּפוֹ לְעָפָר; בְּנַפְשׁוֹ יְבִיא לְחֶמּוֹ. מְשׁוּל כְּחֶרֶס הַנִּשְׁבֵּר, כְּחֶצִיר יָבֵשׁ, וְכֶצִיץ נוֹבֵל, כְּצֵל עוֹבֵר, וְכַעֲנַן כָּלָה, וְכְרוּחַ נוֹשֶׁבֶת וְכַאֲבָק פּוֹרֵחַ וְכַחֲלוֹם יְעוּף... From the High Holy Day prayers</p>

TRACK 3 Sheer Ha-dash - שִׁיר חֲדָשׁ

TRANSLATION	TRANSLITERATION	HEBREW LYRICS
<p>Praise G-d! Sing a <i>new</i> song to the Eternal Lord of all! His praise is proclaimed at gatherings of devoted ones. Israel will be happy with its Creator, the Children of Zion will be glad with their King! They will praise His Name through dance, with drum and lyre they will chant to Him! For the Eternal Lord delights in His people ~ He will glorify the humble through salvation.</p>	<p>Ha-l'-loo-ka! Shee-roo la'Ha-Shem sheer ha-dash, t'-hee-la-so bee-k'-hal ha-see-deem. Yees-mah Yees-ra-ayl b'-o-sav, b'-nay Tzee-yon ya-gee-loo v'-mal-kam! Y'-ha-l'-loo sh'-mo v'-ma-hol, b'-tof v-hee-nor y'-zam-roo lo! Kee ro-tzeh Ha-Shem b'-a-mo, y'-fa-ayr a-na-veem bee-shoo-a.</p>	<p>הַלְלוּקָה, שִׁירוּ לַד' שִׁיר חֲדָשׁ, תְּהַלְתוּ בְּקֹהֶל חֲסִידִים. יִשְׂמַח יִשְׂרָאֵל בְּעֲשָׂיו, בְּנֵי צִיּוֹן יִגִּילוּ בְּמַלְכָם! יְהַלְלוּ שְׁמוֹ בְּמַחֹל, בְּתוֹף וּבְנֹר יִזְמְרוּ לוֹ. כִּי רוּצָה ד' בְּעַמּוֹ, יִפְאַר עַנְוִים בִּישׁוּעָה.</p> <p>Psalm 149:1-4</p>

TRACK 4 E-sa Ay-ny - אֶשָׂא עֵינַי

TRANSLATION	TRANSLITERATION	HEBREW LYRICS
<p>I lift my eyes to the mountains; from where will my help come? My help is from the Lord, Creator of heaven and Earth!</p>	<p>E-sa ay-ny el he-ha-reem; may-ie-yeen ya-vo ez-ree?! Ez-ree may-eem Ha-Shem, O-say sha-my-yeem va-a-retz!</p>	<p>אֶשָׂא עֵינַי אֶל-הַהָרִים; מֵאֵין יָבֵא עֲזָרִי?! עֲזָרִי מֵעַם ד', עֹשֶׂה שָׁמַיִם וָאָרֶץ!</p> <p>Psalm 121:1-2</p>

MELTING STONE - לֵב בְּשָׁר - PAGE 5

TRACK 5 A-sher Ba-ra - אֲשֶׁר בָּרָא

TRANSLATION	TRANSLITERATION	HEBREW LYRICS
<p>...Who created rejoicing and happiness, bridegroom and bride. Gladness, joyous song, joy and delight, love and brotherhood, peace and friendship.</p>	<p>A-sher ba-ra sa-son v'-seem-ha, ha-san v'-ha-la. Gee-la, ree-na, dee-tza v'-hed-va, a-ha-va v'-ah'-va, sha-lom v'-ray-oos.</p>	<p>אֲשֶׁר בָּרָא שְׂשׂוֹן וְשִׂמְחָה, חֲתָן וְכַלָּה. גִּילָה, רִנָּה, דִּיצָה וְחֻדוּה, אֶהְבָּה וְאַחֻוּה, שְׁלוֹם וְרַעוּת. From the Wedding Blessings</p>

TRACK 6 V'-a-ha-vas O-lam - וְאַהֲבַת עוֹלָם

TRANSLATION	TRANSLITERATION	HEBREW LYRICS
<p>An everlasting love I have loved you; for this I have drawn you with my love.</p>	<p>V'-a-ha-vas o-lam a-hav-tee al kayn m'-shah-tee ha-sed.</p>	<p>וְאַהֲבַת עוֹלָם אֶהְבֶּתִיךָ עַל-כֵּן מִשְׁכַּתִּיךָ חֶסֶד: Jeremiah 31:2</p>
<p>The mountains will crumble and the hillsides will fade away, but My love for you will not end!</p>	<p>He-ha-reem ya-moo-shoo v'-ha-g'-va-os t'-moo-te-na v'-has-dee may-ee-tah lo ya-moosh.</p>	<p>יְמוּשׁוּ הַהָרִים וְהַגְּבָעוֹת תִּמְוִטֶינָה וְחֶסְדִּי מֵאַתָּד לֹא-יִמּוּשׁ. Isaiah 54:10</p>

MELTING STONE - לֵב בְּשָׂר - PAGE 6

TRACK 7 Ma A-noo - מָה אָנוּ -

TRANSLATION	TRANSLITERATION	HEBREW LYRICS
What are we? What are our lives? What of our kindness? What does our righteousness amount to? How strong are we? How mighty are we? What shall we say before YOU -- our G-d, and G-d of our ancestors...?	<p>Ma a-noo? Meh hy-yay-noo? Meh has-day-noo? Ma tzeed-kay-noo? Ma ko-hay-noo? Ma g'-voo-ra-say-noo? Ma no-mar l'-fa-ne-ha -- Ha-Shem E-lo-kay-noo, vAy-lo-kay a-vo-say-noo...?</p>	<p>מָה אָנוּ? מָה חַיִּינוּ? מָה חֲסִידָנוּ? מָה צְדִיקָנוּ? מָה כְּחִנּוּ? מָה גְבוּרַתֵנוּ? מָה נֹאמַר לְפָנֶיךָ -- ד' אֱלֹהֵינוּ, וְאֱלֹהֵי אֲבוֹתֵינוּ...?</p>
		From the Morning Prayers

TRACK 8 A-don O-lam - אֲדוֹן עוֹלָם -

TRANSLATION	TRANSLITERATION	HEBREW LYRICS
Master of the universe, Who reigned before any being was created.	<p>A-don o-lam a-sher ma-lah, b'-te-rem kol y'-tzeer neev-ra.</p>	<p>אֲדוֹן עוֹלָם אֲשֶׁר מֶלֶךְ, בְּטֶרֶם כָּל יִצְיָר נִבְרָא.</p>
At the time when all was completed according to His will, then was His Name proclaimed "King".	<p>L'-ayt na-a-sa v'-hef-tzo kol, a-zy Me-leh Sh'-mo neek-ra.</p>	<p>לְעֵת נַעֲשָׂה בְּחֻפְצוֹ כָּל, אֲזִי מֶלֶךְ שְׁמוֹ נִקְרָא.</p>
And after all will cease to exist, the Awesome One, alone, will rule.	<p>V'-a-ha-ray keeh-lot ha-kol, l'-va-do yeem-loh no-ra.</p>	<p>וְאַחֲרֵי כָכֵל הַכֹּל, לְבַדּוֹ יִמְלֹךְ נוֹרָא.</p>

TRANSLATION	TRANSLITERATION	HEBREW LYRICS
He was, is, and always will exist, gloriously!	V'-hoo hy-ya v'-hoo ho-veh v'-hoo yeeh-yeh b'-teef-a-ra!	וְהוּא הָיָה, וְהוּא הוּא, וְהוּא יְהִיָּה, בְּתִפְאַרָה! וְהוּא אֶחָד וְאֵין שְׁנֵי -- לְהַמְשִׁיל לּוֹ לְהַחֲבִירָה.
He is one, and there is no other -- neither to compare to him, nor to join with Him.	V'-hoo e-had v'-ayn shay-nee -- l'-ham-sheel lo l'-hah-bee-ra.	בְּלִי רֵאשִׁית בְּלִי תַּכְלִית, וְלוֹ הָעוֹז וְהַמְשָׁרָה.
He is without beginning and without end; might and authority are His.	B'-lee ray-sheet, b'-lee tah-leet, v'-lo ha-oz v'-ha-mees-ra.	וְהוּא קָלִי וְחִי גְּאֲלִי, וְצוּר חֲבָלִי בְּעֵת צָרָה.
He is my God and my active Redeemer, the refuge for my suffering during troubled times.	V'-hoo Kay-lee v'-hy go-a-lee, v'-tzoor hev-lee b'ayt tza-ra.	וְהוּא נָסִי וּמְנוּס לִי מִנֶּת כּוֹסִי בְּיוֹם אֶקְרָא.
He is <i>miraculous</i> , therefore, a haven for me, relating personally when I call.	V'-hoo nee-see oo-ma-nos lee, m'-nat ko-see b'-yom ek-ra.	בְּיָדוֹ אֶפְקִיד רוּחִי, בְּעֵת אִישׁוֹן וְאַעֲרָה.
I entrust my spirit into His hand, when I sleep as well as when I awaken.	B'-ya-do af-keed roo-hee, b'-ayt ee-shan v'-a-ee-ra.	וְעַם רוּחִי גּוֹזְתִּי, ד' לִי וְלֹא אֵירָא!
And with my spirit, my body too (is entrusted); the Eternal Lord is with me, I will not fear!	V'-eem roo-hee g'-vee-ya-tee, Ha-Shem lee, v'-lo ee-ra!	

TRACK 9 L'-ha Do-dee - לָכָה דוּדֵי

TRANSLATION	TRANSLITERATION	HEBREW LYRICS
Refrain: Come, my Beloved, to meet the Bride; let us welcome the Shabbos!	Refrain: L'-ha Do-dee leek-ras ka-la; p'-nay Sha-bas n'-ka-b'-la!	לָכָה דוּדֵי לְקִרְאֵת כִּלָּה; פָּנֵי שַׁבָּת נִקְבְּלָה!
The one and only G-d proclaimed to us: 'Observe' and 'Remember' in a single utterance. The Lord is One and His Name is One, for renown, for glory and for praise.	Sha-mor v'-za-hor b'-dee-boor e-had, heesh-mee-a-noo Kayl ha-m'-yoo-had. Ha-Shem e-had oo-sh'-mo e-had. L'-shaym oo-l'-seef-e-res v'-lee-s'-hee-la. L'-ha...	שְׁמֹר וְזָכוֹר בְּדְבוּר אֶחָד, הַשְּׁמִיעֵנוּ קֵל הַמְיֻחָד. ד' אֶחָד וּשְׁמוֹ אֶחָד. לְשֵׁם וּלְתִפְאֵרֶת וּלְתִהְלָה. לָכָה...
Come, let us go to welcome the Shabbos, for it is the source of blessing. From the start, from aforetime, it was chosen. Last in creation, first in (G-d's) thought.	Leek-ras Sha-bas l'-hoo v'-nayl-ha. kee hee m'-kor ha-b'-ra-ha. May-rosh mee-ke-dem n'-soo-ha. Sof ma-a-seh b'-ma-ha'-sha-va t'-hee-la. L'-ha...	לְקִרְאֵת שַׁבָּת לָכוּ וְנִלְכָה. כִּי הִיא מְקוֹר הַבְּרָכָה. מֵרֵאשׁ מִקְדָּם נְסוּכָה. סוּף מֵעֲשֵׂה בְּמַחְשַׁבָּה תְּחִלָּה. לָכָה...

TRACK 9 L'-ha Do-dee - לְכֵה דוּדֵי - continued

TRANSLATION	TRANSLITERATION	HEBREW LYRICS
Sanctuary of the King, royal city: arise, go forth from the ruins. Too long have you dwelt in the valley of tears; He will show you abounding mercy.	Meek-dash Me-leh eer m'-loo-ha. Koo-mee tz'-ee mee-toh ha-ha-fay-ha. Rav lah she-ves b'-ay-mek haba-ha. V'-hoo yaha-mol a-ly-yeeh hem-la. L'-ha...	מְקִדָּשׁ מְלֶךְ עִיר מְלוּכָה. קוֹמִי צְאִי מִתּוֹדֶה הַהִפְכָּה. רַב לְךָ שִׁבְתַּת בְּעֵמֶק הַבָּכָא. וְהוּא יַחְמוֹל עָלֶיךָ חֲמִלָּה. לְכֵה...
Shake the dust off yourself; arise, don your glorious garments, my people! Through the son of Jesse of Bethlehem, draw my soul's redemption near!	Hees-na-aree may-a-far koo-mee. Leev-shee beeg-day seef-ar-tayh a-mee! Al yad ben Yee-shy Bays Ha-lah-mee. Kar-va el naf-shee g'-a-la. L'-ha...	הִתְנַעֲרִי מֵעָפָר קוֹמִי. לְבָשִׁי בְּגָדֵי תִפְאַרְתְּךָ עִמִּי! עַל יַד בֶּן יֵשׁוּעַ בֵּית הַלְּחָמִי. קְרִבָּה אֶל נַפְשִׁי גְּאֻלָּה. לְכֵה...
Arouse yourself, arouse yourself, for your light has come! Arise, shine! Awaken, awaken, utter a song--the glory of the Lord is revealed upon you!	Hees-o-r'-ree, hees-o-r'-ree. Kee va o-rayh, koo-mee o-ree. Oo-ree oo-ree sheer da-bay-ree. K'-vod Ha-Shem a-ly-yeeh neeg-la. L'-ha...	הִתְעוֹרְרִי הִתְעוֹרְרִי. כִּי בָּא אֹרֶךְ קוֹמִי אֹרִי. עוֹרִי עוֹרִי שִׁיר דְּבָרִי. כְּבוֹד יְיָ עָלֶיךָ נִגְלָה. לְכֵה...

TRACK 9 L'-ha Do-dee - לָכָה דוֹדֵי - continued

TRANSLATION	TRANSLITERATION	HEBREW LYRICS
Do not be ashamed nor distressed; why are you downcast and upset? The oppressed of my people will find refuge in you; The City will be rebuilt atop its ruins.	Lo say-vo-shee v'-lo see-kal-mee. Ma teesh-to-ha-hee oo-ma te-he-mee. Bah ye-he-soo a-nee-yay a-mee, v'-neev-n'-sa ha-eeral tee-la. L'-ha...	לֹא תִבּוֹשִׁי וְלֹא תִכְלָמִי. תִּשְׂתַּחֲוֶה וְיִמָּה תִּתְהַמֵּי. בְּדֹ יִחְסוּ עֲנִיִּי עַמִּי, וְנִבְנְתָה עִיר עַל תִּלְּהָ. לָכָה...
May those who spoil you be stripped of this, and may all who wish to destroy you keep their distance. Your G-d will rejoice over you as a groom rejoices over his bride.	V'-hy-yoo leem-shee-sa sho-sy-yeeh. V'-ra-ha-koo kol m'-va-ly-yeeh. Ya-sees a-ly-yeeh E-lo-ky-yeeh. Keem-sos ha-san al ka-la. L'-ha...	וְהָיוּ לְמַשָּׁה שְׂאֵסִיךְ. וְרָחֲקוּ כָּל מְבַלְעֵיךְ. יִשִּׁישׁ עֲלֵיךְ אֶלְקֵיךְ. כְּמִשׁוֹשׁ חַתָּן עַל כַּלְתּוֹ. לָכָה...
Spread out your borders to the right and to the left--extol the Lord. Through the descendant of Peretz (the Messiah) we shall exult and rejoice.	Ya-meen oo-smol teef-ro-tzee. V'-es Ha-shem ta-a-ree-tzee. Al yad eesh ben Par-tzee v'-nees-m'-ha v'-na-gee-la. L'-ha...	יָמִין וּשְׂמֹאל תִּפְרוֹצֵי. וְאַת־ד' תִּתְעַרְצֵי. עַל יַד אִישׁ בֶּן פְּרִצֵי. וְנִשְׂמַחַה וְנִגִּילָה. לָכָה...

MELTING STONE - לֵב בְּשֵׁר - PAGE 11

TRACK 9 L'-ha Do-dee - לָכָה דוּדֵי - continued

TRANSLATION TRANSLITERATION HEBREW LYRICS

Come in peace, O
 crown of her
 Husband, both with
 gladness and
 joyous songs.
 Amidst the faithful
 of the beloved
 people, come, O
 Bride, come, O
 Bride.

Bo-ee v'-sha-lom
a-te-res ba-lah. Gam
b'-ree-na
oo-v'-tzaw-haw-la.
Toh e-moo-nay am
s'-goo-la. Bo-ee
ha-la, bo-ee ha-la.
L'-ha...

בּוֹאֵי בְּשָׁלוֹם עֵטְרַת
 בַּעֲלָהּ. גַּם בְּשִׂמְחָה
 וּבְצִהֲלָהּ. תּוֹדֵי אֲמוּנֵי
 עַם סִגְלָהּ. בּוֹאֵי כָלָה,
 בּוֹאֵי כָלָה. לָכָה...

From the prayers to Welcome
 the Sabbath

TRANSLATION	TRANSLITERATION	HEBREW LYRICS
Praise God! Praise the Omnipotent God in His sanctuary, praise Him because of the power of His celestial splendor! Praise Him during the demonstrations of His might, glorify Him according to the magnitude of His greatness! Praise Him by blowing the shofar, praise Him with lute and harp! Glorify Him with drum and dancing, commend Him with string and wind instruments! Praise Him with the ringing of cymbals, praise Him with the crashing of cymbals! Every soul will praise G-d ~ PRAISE G-D!!!	<p>Ha-l'-loo-Kah! Ha-l'-loo Kayl b'-kawd-sho, ha-l'-loo-hoo beer-kee-a oo-zo! Ha-l'-loo'hoo bee-g'-voo-ro'sav, ha-l'-loo-hoo k'-rov good-lo! Ha-l'-loo'hoo b'-say-ka sho-far, ha-l'-loo-hoo b'-nay-vel v'-hee-nor! Ha-l'-loo'hoo b'-sof oo-ma-hol, ha-l'-loo-hoo b'-mee-neem v'-oo-gav! Ha-l'-loo'hoo b'-tzeel-tz'-lay sha-ma, ha-l'-loo-hoo b'-tzeel-tz'-lay s'-roo-a! Kol ha-n'-sha-ma t'-ha-layl Ka, HA-L'-LOO-KAH!</p>	<p>הַלְלוּקָה, הַלְלוּ קָל בְּקִדְשׁוֹ, הַלְלוּהוּ בְּרִקְיעַ עֲזָו! הַלְלוּהוּ בְּגִבוֹרֹתָיו, הַלְלוּהוּ כְּרֹב גְּדֻלוֹ! הַלְלוּהוּ בְּתַקַּע שׁוֹפָר, הַלְלוּהוּ בְּנֵבֶל וְכִנּוֹר! הַלְלוּהוּ בְּתֹף וּמְחוּל, הַלְלוּהוּ בְּמִנִּים וְעָגָב! הַלְלוּהוּ בְּצִלְצְלֵי שָׁמַע, הַלְלוּהוּ בְּצִלְצְלֵי תְרוּעָה! כָּל הַנְּשָׁמָה תְהַלֵּל קָה, הַלְלוּהוּ!</p>
		Psalms 150